

ASIAN MENU

STARTERS

Starters	M	V
House made Spring Rolls (pork)	\$7.00	\$8.00
House made Vegetable Spring Rolls V	\$7.00	\$8.00
Dim Sim minced pork wrapped in won ton pastry, steamed or fried	\$7.00	\$8.00
Homecrafted Chicken & Sweetcorn soup	\$7.00	\$8.00

MAINS

Mains	M	V
Beef Stir Fry with Honey Pepper Sauce Tender beef, oyster sauce, Shaoxing wine, soy, garlic, honey, black pepper & spring onion (signature dish)	\$19.50	\$21.50
Satay Chicken Cooked with a Malaysian style satay sauce with fresh vegetables	\$17.50	\$19.50
Honey Sesame Chicken Lightly battered chicken deep fried, coated in honey sprinkled with toasted sesame seeds	\$17.00	\$19.00
Lemon Chicken Tempura battered fried chicken breast served with a sticky honey and lemon sauce	\$17.00	\$19.00
Sliced Pork Belly with chilli, mixed peppers, onions (spicy)	\$19.50	\$21.50
Salt & Pepper Calamari Fresh calamari (Asian style) in fresh batter flash fried served with deep fried rice noodles	\$23.50	\$26.00

OMELETTE

Traditional Asian style omelette	M	V
Chicken with mixed vegetables and oyster sauce gravy	\$18.00	\$20.00
Combination (chicken, beef, prawn) with mixed vegetables and oyster sauce gravy	\$22.90	\$23.90
Prawn with mixed vegetables and oyster sauce gravy	\$23.00	\$25.00

VEGETARIAN

Vegetarian	M	V
Baby bok-choy with mushroom & oyster sauce VG V	\$17.00	\$19.00
Stir-fry green beans with preserved olives VG V	\$16.00	\$18.00

RICE

Rice	M	V
Our rice is "KING" rice, specially imported from Thailand		
Plain Fried Rice Bbq pork, green peas, shallot, egg	\$16.00	\$18.00
House Special Fried Rice King rice cooked with BBQ pork, ham, chicken, beef, prawn, peas, corn, carrot and shallots	\$16.00	\$18.00
Chicken Pineapple Fried Rice Tender chicken breast, basmati rice, peas, carrot, corn, ginger, garlic, crushed pineapple GF	\$15.00	\$17.00
Steamed Rice (bowl) GF VG V	\$2.50	\$2.50
Steamed Rice (large) GF VG V	\$7.50	\$7.50

SIGNATURE DISHES

Chefs signature dishes	M	V
Singapore Rice Noodle Noodles cooked in a curry spice with prawns, BBQ pork and vegetables	\$18.00	\$20.00
Combination Short Soup Short soup with prawns, chicken, BBQ pork, beef and vegetables layered on top of chicken broth	\$19.00	\$21.00
Malaysian Chicken Laksa Chicken breast fillets, rice 'stick' noodles, kaffir, coconut milk, bean sprouts, fish sauce, lime juice & more (spicy)	\$17.90	\$19.90
Prawn Laksa Prawns, rice 'stick' noodles, green beans, bean sprouts, Thai basil leaves, lime wedge, coconut milk (spicy)	\$23.00	\$25.00



Bistro
ATE



CLUB **RYDE**
friends, family, community

SEAFOOD

Seafood	M	V
Honey Sesame King Prawns Lightly battered king prawns deep fried and coated in honey sprinkled with toasted sesame seeds	\$23.00	\$25.00
Sweet & Sour Humpty Doo Barramundi Fillet Fresh ginger, capsicum, pineapple juice, shallot, garlic and pine nuts	\$23.00	\$25.00

WESTERN MENU

STARTERS

Starters	M	V
Garlic Turkish bread Freshly baked Turkish loaf topped with parsley & lemon garlic butter (4 slices) VG V	\$6.00	\$7.00
Herb Turkish bread Freshly baked Turkish loaf topped with fresh herbs, parsley & lemon garlic butter VG V	\$7.00	\$7.50
Cheesy garlic Turkish bread Freshly baked Turkish loaf topped with parsley & lemon garlic butter & mozzarella and gratinated (4 slices) VG	\$8.00	\$9.00
Garlic King prawns Saute king prawns in housemade creamy garlic sauce, served with char grilled crostini	\$15.90	\$17.50

Salad	M	V
Thai Beef Salad Thinly sliced char grilled beef sirloin with mixed lettuce, tomato, red onion, bean sprouts & signature dressing VG V GF	\$18.00	\$20.00
Char grilled Chicken salad With baby rocket, mushroom, toasted pine nut, shaved parmesan & balsamic vinaigrette GF	\$18.00	\$20.00

SALAD

PADDOCK

From the Paddock	M	V
Char grilled MSA grain fed 300gm Scotch fillet	\$29.00	\$31.00
Char grilled MSA grain fed 400gm Tbone	\$28.90	\$30.90
Char grilled MSA 220g Sirloin	\$21.90	\$23.00

*(All served with choice of home crafted Pepper, Mushroom or Dianne Sauce)
(served with your choice of chips and salad or seasonal veggies)*

GF Gluten Free **VG** Vegetarian **V** Vegan **M:** Members **V:** Visitors

*Please advise our friendly staff of any dietary requirements or allergies.
All prices are inclusive GST*

House Favourites	M	V
Chicken Schnitzel Fresh chicken breast Panko crumbed, chips & salad & lemon wedge	\$17.90	\$19.90
Chicken Parmi Fresh chicken breast Panko crumbed, shaved ham, Napolitana sauce, melted mozzarella cheese, chips & salad	\$21.90	\$23.90
Grilled Chicken Tenderloins With homecrafted boscaiola sauce	\$19.90	\$21.90
Grilled Atlantic Salmon Succulent salmon fillets with Aioli & lemon	\$26.90	\$28.90
Spaghetti Bolognese Pork and veal mince, house made passata with shaved parmesan	\$18.90	\$20.90

—Check special board for pasta of day—
(served with Mash Potatoes and Vegetables)

FAVOURITES

BURGERS

Burgers and Sandwiches	M	V
Bistro Ate Classic Burger Home crafted patty, toasted double smoked bacon, melted cheshire cheese, leaf lettuce, tomato, red onion, homemade ranch sauce on toasted milk bun	\$15.90	\$17.90
Chicken Schnitzel Burger Fried chicken schnitzel, double smoked bacon, butterleaf lettuce, tomato, cheese on toasted soft milk bun	\$17.90	\$19.90
Steak Sandwich Scotch fillet steak, chilli jam, double smoked bacon, beetroot, tomato, onion and mixed lettuce served on toasted turkish bread	\$19.90	\$22.90

Served with beer battered chips

EXTRAS	M	V
Chips	\$6.00	\$7.00
Seasonal Vegetables VG V GF	\$6.00	\$7.00
Smooth mashed potato VG	\$6.00	\$7.00
Smashed chat potatoes in rosemary butter VG GF	\$6.00	\$7.00
Mixed leaf salad VG V GF	\$6.00	\$7.00

KIDS MEAL

AVAILABLE TO CHILDREN UNDER 11 YEARS ONLY

Kids Meal	M	V
Dinosaur nuggets and chips	\$10.00	\$11.00
Cheeseburger, milk bun and chips	\$10.00	\$11.00
Fish cocktail and chips	\$10.00	\$11.00
Spaghetti Bolognese and veal mince, house made passata with shaved parmesan	\$18.90	\$20.90

LUNCH SPECIAL

\$12 Members

\$14 Visitors

Choice any of the following

MONDAY - FRIDAY

AUSTRALIAN

Marinated Chicken Breast with Garlic and Pepper, served with Mash & Vegetables
Grilled or Fried fish (of the day) Fillet, served with Chips
Sausage of the day with mash and onion gravy
Grilled Chicken Salad, Balsamic Dressing
Lambs fries with mash thick cut bacon & onion gravy

ASIAN

Beef in Black Bean Sauce with Rice
Mongolian Beef with Rice
Chicken in Chilli and Garlic Sauce with Rice
Chicken Chow Mein
Sweet & Sour Pork with Rice
Fried rice (extra \$1.90)

To expedite service times NO variation to menu items during peak periods
All main ingredients for menu items are listed.

There will be 1 X \$12 special Asian or Western dinner dish each week
Monday – Thursday posted on the chalk boards

Trading hours: Lunch 7 days 11:30 – 14:30.
Dinner weekdays: 17:30 – 20:30
Friday & Saturday Dinner: 17:30 – 21:00